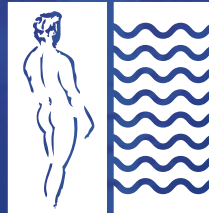




WE TREAT A RANGE OF DIAGNOSES

- ✓ Constipation
- ✓ Increased urinary frequency
- ✓ Decreased urinary frequency
- ✓ Daytime incontinence
- ✓ Nighttime incontinence
- ✓ Bedwetting or enuresis
- ✓ Giggle incontinence
- ✓ Incontinence in the athletic female child or teenager
- ✓ Waking up in the night to urinate or nocturia
- ✓ Difficulty with urination: straining, slow flow, pain during or after urination
- ✓ Reduced sensation of bladder or bowel fullness
- ✓ Pain in the abdomen, bladder or lower back
- ✓ Fecal incontinence
- ✓ Treatment after pediatric pelvic surgeries



CONTACT US

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Sutton Place
PHYSICAL AND AQUATIC THERAPY



PEDIATRIC PELVIC HEALTH

*Treating Children
& Adolescents*

SUTTONPLACEPT.COM

We offer a FREE 15 minute consultation to help you determine if physical therapy is right for you and your child or teen.



WE HELP

Although millions of children suffer from pelvic floor dysfunction, it often takes a long time to receive the right treatment.

Typically, children are toilet trained by age four. After that, bowel and bladder dysfunction is considered a major medical issue that affects the family unit.

Pelvic problems in children greatly influence the quality of life, self-image, social interactions, participation in sports, etc. A pelvic physical therapist can help restore normality in bladder and bowel function, preventing the progression of problems that if untreated, may be carried over into adult life.

WE SPECIALIZE

At Sutton Place Physical and Aquatic Therapy, we work hand in hand with your child's doctor. Pelvic floor physical therapy treatments are provided by a physical therapist trained in pediatric pelvic floor issues. Children are dressed and parents and guardians are present.

We use traditional EMG biofeedback, as well as, innovative bladder ultrasound imaging biofeedback to help the child gain awareness and control of the pelvic floor muscles through visualization of the bladder. Today, children easily engage with screens and this method allows for them to learn how to activate their pelvic floor muscles in a fun way.

During each session, your child or teen will work exclusively with one of our pelvic health physical therapists to help build strength, improve movement and develop the skills and confidence needed to complete daily activities.



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PHYSICAL AND AQUATIC THERAPY

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SUTTONPLACEPT.COM



WE PARTNER

Children or teens with pelvic dysfunction, and those with neurological pathologies have different needs than adults. Our therapists consult with parents, teachers and other healthcare professionals, such as urologists, GI's, and psychologists to provide an integrated and comprehensive plan of care.

